

## Madeline Dietrich M.A.

Madeline has a Master's Degree in Psychology and Counselling from Norwich University, Vermont, and has been a clinical member of the



Robin Andrews photo

Ontario Society of Psychotherapists since 1999. Madeline has also completed professional training as a spiritual counsellor with Pathwork International [www.pathwork.org](http://www.pathwork.org)

Since 1988 Madeline has worked in the various roles of teacher, therapist, and group facilitator. She has run a private practice and consulting service in Ottawa working with individuals and groups since 1991. In the past year Madeline has offered professional development workshops for the National Capital Employment Assistance Counseling Association, The Sexual Assault Network and the Ottawa Rape Crisis Center. Her work addresses the interface between psychology and spirituality.

Madeline lives in rural Eastern Ontario, Canada. She is a spiritual seeker, as well as an active community member, an avid outdoor enthusiast, a gardener and beekeeper, and a mother and grandmother. For her own renewal she seeks silence and solitude in nature. For more information about her work see: [www.madlinedietrich.com](http://www.madlinedietrich.com)

### Testimonials:

“Madeline’s measured pace encouraged depth-seeking and reflective connection with other participants. She practices presence and her nurturing style created a digestible and refreshing flow of learning. Madeline has wisdom to share that other therapists will find invaluable.”

◆ **Rita Myers**, MSW, RSW, Clinical Associate for the Men’s Project and Therapist in Private Practice

“Madeline created and held a container in which I was able to find new words, make deeper meaning and refine my personal and professional practices guided by her compassionate, skillful and sometimes light-hearted explorations.”

◆ **Patricia Hayes**, Integral Coach

“It was a very thought-provoking day.”

“Nurturing, slow-paced, digestible, refreshing.”

◆ **Feedback** from recent workshops on the interface of spirituality and psychology

**Continuing Education Credits** available to CCPA and other professional organizations.

**Cancellation policy:** Refunds will be made up to 10 days prior to the beginning of the workshop, less \$35 for administration. After that time, refunds are not available.

## Where Spirituality and Psychotherapy Meet

Friday, November 12, 2010

Saturday, November 13, 2010

9 a.m.—4:30 p.m.

St. Paul’s University



Facilitated by  
**Madeline Dietrich M.A.**  
OSP Clinical Member

613-852-4072

[madtrich@magma.ca](mailto:madtrich@magma.ca)

[www.madlinedietrich.com](http://www.madlinedietrich.com)

## Where Spirituality and Psychotherapy Meet:

Explores the possibility of expanding the field of psychological inquiry beyond normality and adaptation to encompass expanded states of awareness and a “beyond self” way of being in the world. It may include religious expression but more often it is recognized as the uniting force in the universe that lives within each of us, that draws us out and beyond our ego identification, into the bigger world of creativity, mystery and inter-dependence.

*Where Spirituality and Psychotherapy Meet* will give participants perspective that thoughtfully considers the issues involved in integrating spiritual dimensions within their therapeutic practice. It will also be an opportunity to share and learn from others who are exploring bringing spiritual concepts and practices into the therapeutic process.

This workshop is appropriate for all mental health practitioners including psychologists, psychotherapists, counsellors, social workers, coaches, and others in the allied healing professions who have an interest in the spiritual dimensions of counselling and a desire to increase their competency and confidence integrating a spiritual dimension to their work.

### “Great! Practical! Solid! Nurturing!”

◆ Feedback from a recent workshop on the interface of spirituality and psychology.

### Topics for Discussion

- ◆ Assessing the risks and benefits for each client or introducing spiritual perspectives into the therapeutic process
- ◆ Conducting a spiritual assessment
- ◆ Role of family of origin’s religious philosophy and practices and its impact on psychological well-being
- ◆ Honouring the unique rhythm and pace of each person’s spiritual/emotional journey—recognized steps in spiritual development
- ◆ Exploring one’s own bias and assumptions about religion and spirituality
- ◆ Spirituality and the body
- ◆ Spiritual tools and techniques
- ◆ Discussion of therapeutic issues that may evoke a spiritual focus.

### Course Description

Instruction, discussion, case-study and experiential learning will be used. A small group with a maximum of 16 participants allows for a learner-centred approach. Reading and reflective exercises will be part of the course work. A reading list and journal articles will be provided.

### Registration

**Early Registration:** before Oct. 25

**Regular:** \$355 **Student:** \$265

**Late Registration:** after Oct. 25

**Regular:** \$380 **Student:** \$280

**To register:** Send a cheque for the full amount made payable to Madeline Dietrich, P.O. Box 4663, Stn. E. Ottawa, Ontario.

You will receive confirmation information and details of the workshop in receipt of your registration.

**Friday, November 12, 2010**

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**9 a.m.—4:30 p.m.**

**St. Paul’s University**

**223 Main St.**

**Ottawa, Ontario**

### Registration Form:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Tel: (Home): \_\_\_\_\_

Tel: (Other): \_\_\_\_\_

Email: \_\_\_\_\_

Please detach and mail to:

Madeline Dietrich

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